



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**WACHOWIAK, Jörg**

Club: Stoffwechselschmiede

Number: 538

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:41:27

Speed: 13.45 km/h

Running performance: 4:28 min/km

Rank in course/Total: 24 (of 261)

Rank in course/Men: 24 (of 215)

Best time in course: 1:25:10

Rank in category: 3(of 42)

Best time in the category: 1:35:41

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	3.25	14:31	4:28	9	1:59	47	3:13	3.25	14:31	4:28	9	1:59	47	3:13
Lap 2	3.25	14:34	4:28	4	1:23	35	2:45	6.50	29:05	4:28	7	3:22	41	5:44
Lap 3	3.25	14:41	4:31	3	1:06	33	2:29	9.75	43:46	4:29	4	4:28	38	8:13
Lap 4	3.25	14:24	4:25	2	0:15	23	1:58	13.00	58:10	4:28	3	4:43	30	10:11
Lap 5	3.25	14:24	4:25	1	-	18	1:54	16.25	1:12:34	4:27	3	4:28	29	12:05
Lap 6	3.25	14:31	4:28	2	0:40	15	2:03	19.50	1:27:05	4:27	3	5:08	26	14:08
Last lap Finish	3.25	14:22	4:25	2	0:38	18	12:16	22.75	1:41:27	4:27	3	5:46	26	1:39:21