



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HOFMANN, Sascha

Club: SV Empor Bad Langensalza

Number: 396

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:41:44

Speed: 12.98 km/h

Running performance: 4:28 min/km

Rank in course/Total: 25 (of 261)

Rank in course/Men: 25 (of 215)

Best time in course: 1:25:10

Rank in category: 3(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:43	4:31	6	2:39	53	3:25	3.25	14:43	4:31	6	2:39	53	3:25
Lap 2	3.25	13:49	4:15	4	0:47	18	2:00	6.50	28:32	4:23	4	3:26	29	5:11
Lap 3	3.25	14:14	4:22	3	0:59	19	2:02	9.75	42:46	4:23	4	4:25	25	7:13
Lap 4	3.25	14:28	4:27	3	0:47	25	2:02	13.00	57:14	4:24	4	5:12	24	9:15
Lap 5	3.25	14:23	4:25	3	0:37	17	1:53	16.25	1:11:37	4:24	4	5:49	23	11:08
Lap 6	3.25	15:00	4:36	3	1:06	27	2:32	19.50	1:26:37	4:26	3	6:55	22	13:40
Last lap Finish	3.25	15:07	4:39	4	1:39	33	13:01	22.75	1:41:44	4:28	3	8:22	27	1:39:38