



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**GRIMM, Stefan**

Club: -

Number: 379

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:42:13

Speed: 12.91 km/h

Running performance: 4:29 min/km

Rank in course/Total: 26 (of 261)

Rank in course/Men: 26 (of 215)

Best time in course: 1:25:10

Rank in category: 7(of 19)

Best time in the category: 1:25:10

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:25	4:26	7	3:07	43	3:07	3.25	14:25	4:26	7	3:07	43	3:07
Lap 2	3.25	14:41	4:31	8	2:52	41	2:52	6.50	29:06	4:28	7	5:45	42	5:45
Lap 3	3.25	14:39	4:30	7	2:27	31	2:27	9.75	43:45	4:29	7	8:12	35	8:12
Lap 4	3.25	14:20	4:24	6	1:54	19	1:54	13.00	58:05	4:28	7	10:06	28	10:06
Lap 5	3.25	14:24	4:25	6	1:54	18	1:54	16.25	1:12:29	4:27	7	12:00	27	12:00
Lap 6	3.25	14:43	4:31	7	2:15	21	2:15	19.50	1:27:12	4:28	7	14:15	28	14:15
Last lap Finish	3.25	15:01	4:37	7	2:48	30	12:55	22.75	1:42:13	4:29	7	17:03	28	1:40:07