



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SEELEN, Gerhard

Club: TV Eiche Horn

Number: 512

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:42:41

Speed: 12.86 km/h

Running performance: 4:31 min/km

Rank in course/Total: 29 (of 261)

Rank in course/Men: 29 (of 215)

Best time in course: 1:25:10

Rank in category: 1(of 14)

Best time in the category: 1:42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:00	4:36	2	0:43	61	3:42	3.25	15:00	4:36	2	0:43	61	3:42
Lap 2	3.25	14:03	4:19	1	-	23	2:14	6.50	29:03	4:28	2	0:19	39	5:42
Lap 3	3.25	14:06	4:20	1	-	16	1:54	9.75	43:09	4:25	1	-	27	7:36
Lap 4	3.25	14:31	4:28	1	-	27	2:05	13.00	57:40	4:26	1	-	26	9:41
Lap 5	3.25	14:45	4:32	1	-	26	2:15	16.25	1:12:25	4:27	1	-	26	11:56
Lap 6	3.25	15:18	4:42	2	0:06	32	2:50	19.50	1:27:43	4:29	1	-	30	14:46
Last lap Finish	3.25	14:58	4:36	2	12:52	28	12:52	22.75	1:42:41	4:30	2	1:40:35	31	1:40:35