



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WEIß, Ronny

Club: Trailcenter Rabenberg

Number: 551

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:43:17

Speed: 12.78 km/h

Running performance: 4:32 min/km

Rank in course/Total: 31 (of 261)

Rank in course/Men: 31 (of 215)

Best time in course: 1:25:10

Rank in category: 4(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	12:52	3:57	3	0:48	16	1:34	3.25	12:52	3:57	3	0:48	16	1:34	
Lap 2	3.25	13:42	4:12	2	0:40	15	1:53	6.50	26:34	4:05	3	1:28	15	3:13	
Lap 3	3.25	14:24	4:25	4	1:09	23	2:12	9.75	40:58	4:12	3	2:37	15	5:25	
Lap 4	3.25	14:55	4:35	4	1:14	35	2:29	13.00	55:53	4:17	3	3:51	21	7:54	
Lap 5	3.25	14:58	4:36	4	1:12	30	2:28	16.25	1:10:51	4:21	3	5:03	22	10:22	
Lap 6	3.25	16:03	4:56	5	2:09	49	3:35	19.50	1:26:54	4:27	4	7:12	24	13:57	
Last lap Finish	3.25	16:23	5:02	6	2:55	59	14:17	22.75	1:43:17	4:32	4	9:55	33	1:41:11	