



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SPIEKER, Markus

Club: TuS Ovenhausen

Number: 518

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:44:16

Speed: 12.66 km/h

Running performance: 4:35 min/km

Rank in course/Total: 35 (of 261)

Rank in course/Men: 35 (of 215)

Best time in course: 1:25:10

Rank in category: 10(of 35)

Best time in the category: 1:31:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:04	4:19	13	2:28	33	2:46	3.25	14:04	4:19	13	2:28	33	2:46	
Lap 2	3.25	14:30	4:27	12	1:51	33	2:41	6.50	28:34	4:23	13	4:10	32	5:13	
Lap 3	3.25	14:44	4:31	10	1:44	35	2:32	9.75	43:18	4:26	10	5:39	29	7:45	
Lap 4	3.25	14:52	4:34	10	1:51	33	2:26	13.00	58:10	4:28	10	7:01	30	10:11	
Lap 5	3.25	15:22	4:43	12	2:04	40	2:52	16.25	1:13:32	4:31	9	9:00	33	13:03	
Lap 6	3.25	15:27	4:45	11	1:45	36	2:59	19.50	1:28:59	4:33	10	10:45	35	16:02	
Last lap Finish	3.25	15:17	4:42	10	2:13	38	13:11	22.75	1:44:16	4:34	10	12:50	37	1:42:10	