



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**LOCHERER, Christoph**

Club: SV Birkenhard

Number: 433

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:30

Speed: 12.51 km/h

Running performance: 4:38 min/km

Rank in course/Total: 38 (of 261)

Rank in course/Men: 38 (of 215)

Best time in course: 1:25:10

Rank in category: 5(of 34)

Best time in the category: 1:39:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:40	4:30	5	1:49	51	3:22	3.25	14:40	4:30	5	1:49	51	3:22
Lap 2	3.25	15:01	4:37	6	0:52	47	3:12	6.50	29:41	4:33	6	2:41	50	6:20
Lap 3	3.25	15:01	4:37	6	0:38	41	2:49	9.75	44:42	4:35	6	3:19	44	9:09
Lap 4	3.25	15:02	4:37	5	1:27	37	2:36	13.00	59:44	4:35	5	3:52	41	11:45
Lap 5	3.25	15:07	4:39	4	1:59	32	2:37	16.25	1:14:51	4:36	5	4:28	38	14:22
Lap 6	3.25	15:15	4:41	4	1:27	31	2:47	19.50	1:30:06	4:37	5	5:05	38	17:09
Last lap Finish	3.25	15:24	4:44	5	1:49	41	13:18	22.75	1:45:30	4:38	6	13:51	40	1:43:24