



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HEILMANN, Daniel

Club: Laufftreff Schwandorf

Number: 386

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:46:11

Speed: 12.43 km/h

Running performance: 4:40 min/km

Rank in course/Total: 39 (of 261)

Rank in course/Men: 39 (of 215)

Best time in course: 1:25:10

Rank in category: 12(of 35)

Best time in the category: 1:31:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:26	4:26	15	2:50	45	3:08	3.25	14:26	4:26	15	2:50	45	3:08
Lap 2	3.25	15:18	4:42	19	2:39	59	3:29	6.50	29:44	4:34	16	5:20	51	6:23
Lap 3	3.25	15:02	4:37	13	2:02	43	2:50	9.75	44:46	4:35	13	7:07	45	9:13
Lap 4	3.25	14:51	4:34	9	1:50	32	2:25	13.00	59:37	4:35	12	8:28	40	11:38
Lap 5	3.25	15:19	4:42	11	2:01	39	2:49	16.25	1:14:56	4:36	13	10:24	41	14:27
Lap 6	3.25	15:43	4:50	13	2:01	42	3:15	19.50	1:30:39	4:38	13	12:25	40	17:42
Last lap Finish	3.25	15:32	4:46	12	2:28	43	13:26	22.75	1:46:11	4:40	12	14:45	41	1:44:05