



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BECKER, Torsten

Club: LG Mörfelden-Walldorf

Number: 310

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:46:28

Speed: 12.40 km/h

Running performance: 4:41 min/km

Rank in course/Total: 42 (of 261)

Rank in course/Men: 42 (of 215)

Best time in course: 1:25:10

Rank in category: 7(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:07	4:20	3	1:16	34	2:49	3.25	14:07	4:20	3	1:16	34	2:49	
Lap 2	3.25	14:45	4:32	4	0:36	43	2:56	6.50	28:52	4:26	3	1:52	37	5:31	
Lap 3	3.25	14:53	4:34	5	0:30	38	2:41	9.75	43:45	4:29	3	2:22	35	8:12	
Lap 4	3.25	15:42	4:49	8	2:07	50	3:16	13.00	59:27	4:34	4	3:35	39	11:28	
Lap 5	3.25	15:48	4:51	7	2:40	46	3:18	16.25	1:15:15	4:37	6	4:52	42	14:46	
Lap 6	3.25	15:38	4:48	7	1:50	41	3:10	19.50	1:30:53	4:39	6	5:52	41	17:56	
Last lap Finish	3.25	15:35	4:47	7	2:00	45	13:29	22.75	1:46:28	4:40	8	14:49	44	1:44:22	