



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHOSSIG, Hagen

Club: SC Altenrheine

Number: 507

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:48:07

Speed: 12.21 km/h

Running performance: 4:45 min/km

Rank in course/Total: 50 (of 261)

Rank in course/Men: 48 (of 215)

Best time in course: 1:25:10

Rank in category: 7(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:56	4:17	5	1:24	31	2:38	3.25	13:56	4:17	5	1:24	31	2:38
Lap 2	3.25	14:48	4:33	7	1:37	44	2:59	6.50	28:44	4:25	4	3:01	33	5:23
Lap 3	3.25	15:19	4:42	6	1:44	47	3:07	9.75	44:03	4:31	6	4:45	41	8:30
Lap 4	3.25	15:44	4:50	7	1:35	52	3:18	13.00	59:47	4:35	6	6:20	42	11:48
Lap 5	3.25	16:06	4:57	8	1:42	55	3:36	16.25	1:15:53	4:40	6	7:47	46	15:24
Lap 6	3.25	16:21	5:01	7	2:30	54	3:53	19.50	1:32:14	4:43	7	10:17	48	19:17
Last lap Finish	3.25	15:53	4:53	8	2:09	49	13:47	22.75	1:48:07	4:45	7	12:26	50	1:46:01