



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MANZ, Stefan

Club: BSG Ostsächsische Sparkasse Dresden
Number: 442

Course: 22.75 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:48:55

Speed: 12.53 km/h
Running performance: 4:47 min/km

Rank in course/Total: 51 (of 261)

Rank in course/Men: 49 (of 215)

Best time in course: 1:25:10

Rank in category: 15(of 35)

Best time in the category: 1:31:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:29	4:27	16	2:53	46	3:11	3.25	14:29	4:27	16	2:53	46	3:11
Lap 2	3.25	15:15	4:41	17	2:36	55	3:26	6.50	29:44	4:34	16	5:20	51	6:23
Lap 3	3.25	15:03	4:37	14	2:03	44	2:51	9.75	44:47	4:35	14	7:08	46	9:14
Lap 4	3.25	15:42	4:49	15	2:41	50	3:16	13.00	1:00:29	4:39	14	9:20	47	12:30
Lap 5	3.25	16:03	4:56	15	2:45	52	3:33	16.25	1:16:32	4:42	14	12:00	49	16:03
Lap 6	3.25	16:22	5:02	15	2:40	56	3:54	19.50	1:32:54	4:45	15	14:40	51	19:57
Last lap Finish	3.25	16:01	4:55	15	2:57	51	13:55	22.75	1:48:55	4:47	15	17:29	51	1:46:49