



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MINGES, Maximilian

Club: DJK Teutonia Gaustadt

Number: 149

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 43:40

Speed: 12.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 30 (of 215)

Rank in course/Men: 28 (of 134)

Best time in course: 36:45

Rank in category: 6(of 9)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:28	4:27	8	2:48	36	2:56	3.25	14:28	4:27	8	2:48	36	2:56
Lap 2	3.25	14:58	4:36	6	2:23	27	2:23	6.50	29:26	4:31	6	5:11	30	5:11
Last lap Finish	3.25	14:14	4:22	5	1:44	17	1:45	9.75	43:40	4:28	6	6:55	28	6:55