



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

VOGT, Carsten

Club: -

Number: 534

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:51:30

Speed: 11.84 km/h

Running performance: 4:54 min/km

Rank in course/Total: 61 (of 261)

Rank in course/Men: 57 (of 215)

Best time in course: 1:25:10

Rank in category: 2(of 20)

Best time in the category: 1:47:11

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:30	5:04	5	1:45	101	5:12	3.25	16:30	5:04	5	1:45	101	5:12
Lap 2	3.25	15:42	4:49	4	0:39	68	3:53	6.50	32:12	4:57	4	2:24	81	8:51
Lap 3	3.25	15:51	4:52	3	0:35	60	3:39	9.75	48:03	4:55	4	2:59	72	12:30
Lap 4	3.25	15:44	4:50	2	0:28	52	3:18	13.00	1:03:47	4:54	4	3:27	67	15:48
Lap 5	3.25	15:48	4:51	2	0:18	46	3:18	16.25	1:19:35	4:53	4	3:45	64	19:06
Lap 6	3.25	15:52	4:52	2	0:07	47	3:24	19.50	1:35:27	4:53	2	3:52	58	22:30
Last lap Finish	3.25	16:03	4:56	2	0:27	52	13:57	22.75	1:51:30	4:54	2	4:19	59	1:49:24