



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

STOLZ, Rüdiger

Club: SV 1885 Teutschenthal

Number: 524

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:51:40

Speed: 11.82 km/h

Running performance: 4:55 min/km

Rank in course/Total: 63 (of 261)

Rank in course/Men: 59 (of 215)

Best time in course: 1:25:10

Rank in category: 3(of 20)

Best time in the category: 1:47:11

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:12	4:40	2	0:27	64	3:54	3.25	15:12	4:40	2	0:27	64	3:54
Lap 2	3.25	15:38	4:48	2	0:35	66	3:49	6.50	30:50	4:44	2	1:02	63	7:29
Lap 3	3.25	16:02	4:56	4	0:46	64	3:50	9.75	46:52	4:48	3	1:48	63	11:19
Lap 4	3.25	16:06	4:57	3	0:50	59	3:40	13.00	1:02:58	4:50	2	2:38	60	14:59
Lap 5	3.25	16:24	5:02	4	0:54	63	3:54	16.25	1:19:22	4:53	3	3:32	60	18:53
Lap 6	3.25	16:14	4:59	3	0:29	52	3:46	19.50	1:35:36	4:54	4	4:01	60	22:39
Last lap Finish	3.25	16:04	4:56	3	0:28	53	13:58	22.75	1:51:40	4:54	3	4:29	61	1:49:34