



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

NÜBEL, Andeas

Club: Lauftreff Wunstorf

Number: 464

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:51:34

Speed: 11.83 km/h

Running performance: 4:54 min/km

Rank in course/Total: 62 (of 261)

Rank in course/Men: 58 (of 215)

Best time in course: 1:25:10

Rank in category: 10(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			Men	Men								km
Lap 1	3.25	15:32	4:46	12	3:00	73	4:14	3.25	15:32	4:46	12	3:00	73	4:14
Lap 2	3.25	15:47	4:51	11	2:36	71	3:58	6.50	31:19	4:49	12	5:36	68	7:58
Lap 3	3.25	15:57	4:54	10	2:22	62	3:45	9.75	47:16	4:50	11	7:58	66	11:43
Lap 4	3.25	16:11	4:58	9	2:02	62	3:45	13.00	1:03:27	4:52	10	10:00	64	15:28
Lap 5	3.25	16:10	4:58	10	1:46	59	3:40	16.25	1:19:37	4:53	10	11:31	65	19:08
Lap 6	3.25	16:21	5:01	7	2:30	54	3:53	19.50	1:35:58	4:55	10	14:01	61	23:01
Last lap Finish	3.25	15:36	4:47	7	1:52	46	13:30	22.75	1:51:34	4:54	10	15:53	60	1:49:28