



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ZECHMEISTER, Torsten

Club: Runaway´s Rückers

Number: 568

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:03

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 65 (of 261)

Rank in course/Men: 61 (of 215)

Best time in course: 1:25:10

Rank in category: 8(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-------------|----------------|---------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | min/km | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:13 | 4:40 | 8 | 2:22 | 65 | 3:55 | 3.25 | 15:13 | 4:40 | 8 | 2:22 | 65 | 3:55 |
| Lap 2 | 3.25 | 15:19 | 4:42 | 7 | 1:10 | 60 | 3:30 | 6.50 | 30:32 | 4:41 | 7 | 3:32 | 62 | 7:11 |
| Lap 3 | 3.25 | 15:23 | 4:44 | 7 | 1:00 | 50 | 3:11 | 9.75 | 45:55 | 4:42 | 7 | 4:32 | 56 | 10:22 |
| Lap 4 | 3.25 | 15:36 | 4:47 | 7 | 2:01 | 46 | 3:10 | 13.00 | 1:01:31 | 4:43 | 8 | 5:39 | 55 | 13:32 |
| Lap 5 | 3.25 | 15:56 | 4:54 | 8 | 2:48 | 51 | 3:26 | 16.25 | 1:17:27 | 4:45 | 8 | 7:04 | 55 | 16:58 |
| Lap 6 | 3.25 | 17:04 | 5:15 | 8 | 3:16 | 70 | 4:36 | 19.50 | 1:34:31 | 4:50 | 8 | 9:30 | 54 | 21:34 |
| Last lap Finish | 3.25 | 17:32 | 5:23 | 9 | 3:57 | 78 | 15:26 | 22.75 | 1:52:03 | 4:55 | 9 | 20:24 | 63 | 1:49:57 |