



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ZECHMEISTER, Torsten

Club: Runaway´s Rückers

Number: 568

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:03

Speed: 11.78 km/h

Running performance: 4:56 min/km

Rank in course/Total: 65 (of 261)

Rank in course/Men: 61 (of 215)

Best time in course: 1:25:10

Rank in category: 8(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:13	4:40	8	2:22	65	3:55	3.25	15:13	4:40	8	2:22	65	3:55
Lap 2	3.25	15:19	4:42	7	1:10	60	3:30	6.50	30:32	4:41	7	3:32	62	7:11
Lap 3	3.25	15:23	4:44	7	1:00	50	3:11	9.75	45:55	4:42	7	4:32	56	10:22
Lap 4	3.25	15:36	4:47	7	2:01	46	3:10	13.00	1:01:31	4:43	8	5:39	55	13:32
Lap 5	3.25	15:56	4:54	8	2:48	51	3:26	16.25	1:17:27	4:45	8	7:04	55	16:58
Lap 6	3.25	17:04	5:15	8	3:16	70	4:36	19.50	1:34:31	4:50	8	9:30	54	21:34
Last lap Finish	3.25	17:32	5:23	9	3:57	78	15:26	22.75	1:52:03	4:55	9	20:24	63	1:49:57