



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KARL, Daniel

Club: -

Number: 409

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:55:12

Speed: 11.46 km/h

Running performance: 5:04 min/km

Rank in course/Total: 74 (of 261)

Rank in course/Men: 68 (of 215)

Best time in course: 1:25:10

Rank in category: 11(of 19)

Best time in the category: 1:25:10

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:28	4:45	10	4:10	71	4:10	3.25	15:28	4:45	10	4:10	71	4:10
Lap 2	3.25	16:18	5:00	12	4:29	77	4:29	6.50	31:46	4:53	12	8:25	74	8:25
Lap 3	3.25	16:36	5:06	12	4:24	74	4:24	9.75	48:22	4:57	12	12:49	73	12:49
Lap 4	3.25	16:36	5:06	11	4:10	68	4:10	13.00	1:04:58	4:59	11	16:59	72	16:59
Lap 5	3.25	16:57	5:12	12	4:27	70	4:27	16.25	1:21:55	5:02	11	21:26	69	21:26
Lap 6	3.25	16:37	5:06	11	4:09	59	4:09	19.50	1:38:32	5:03	11	25:35	68	25:35
Last lap Finish	3.25	16:40	5:07	9	4:27	64	14:34	22.75	1:55:12	5:03	11	30:02	70	1:53:06