



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HäFNER, Tobias

Club: Team ACTREME

Number: 382

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:57:19

Speed: 11.64 km/h

Running performance: 5:10 min/km

Rank in course/Total: 77 (of 261)

Rank in course/Men: 72 (of 215)

Best time in course: 1:25:10

Rank in category: 9(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:03	4:37	7	2:59	62	3:45	3.25	15:03	4:37	7	2:59	62	3:45
Lap 2	3.25	15:25	4:44	6	2:23	61	3:36	6.50	30:28	4:41	7	5:22	60	7:07
Lap 3	3.25	16:02	4:56	9	2:47	64	3:50	9.75	46:30	4:46	7	8:09	60	10:57
Lap 4	3.25	16:17	5:00	9	2:36	65	3:51	13.00	1:02:47	4:49	7	10:45	59	14:48
Lap 5	3.25	16:45	5:09	9	2:59	67	4:15	16.25	1:19:32	4:53	7	13:44	61	19:03
Lap 6	3.25	18:41	5:44	13	4:47	95	6:13	19.50	1:38:13	5:02	9	18:31	67	25:16
Last lap Finish	3.25	19:06	5:52	15	5:38	105	17:00	22.75	1:57:19	5:09	9	23:57	74	1:55:13