



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MEYER, Olaf

Club: SG Siegen-Giersberg

Number: 451

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:02

Speed: 11.09 km/h

Running performance: 5:14 min/km

Rank in course/Total: 79 (of 261)

Rank in course/Men: 74 (of 215)

Best time in course: 1:25:10

Rank in category: 13(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Lap 1	3.25	15:43	4:50	14	3:11	81	4:25	3.25	15:43	4:50	14	3:11	81	4:25
Lap 2	3.25	16:31	5:04	18	3:20	86	4:42	6.50	32:14	4:57	15	6:31	82	8:53
Lap 3	3.25	17:00	5:13	16	3:25	84	4:48	9.75	49:14	5:02	15	9:56	81	13:41
Lap 4	3.25	17:04	5:15	15	2:55	76	4:38	13.00	1:06:18	5:05	14	12:51	78	18:19
Lap 5	3.25	17:29	5:22	15	3:05	77	4:59	16.25	1:23:47	5:09	15	15:41	80	23:18
Lap 6	3.25	17:44	5:27	14	3:53	79	5:16	19.50	1:41:31	5:12	15	19:34	79	28:34
Last lap Finish	3.25	17:31	5:23	15	3:47	77	15:25	22.75	1:59:02	5:13	13	23:21	76	1:56:56