



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

NOLL, Tobias

Club: The Paceneers

Number: 463

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:59:02

Speed: 11.09 km/h

Running performance: 5:14 min/km

Rank in course/Total: 80 (of 261)

Rank in course/Men: 74 (of 215)

Best time in course: 1:25:10

Rank in category: 19(of 35)

Best time in the category: 1:31:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:10	4:58	23	4:34	89	4:52	3.25	16:10	4:58	23	4:34	89	4:52
Lap 2	3.25	16:53	5:11	24	4:14	100	5:04	6.50	33:03	5:05	23	8:39	96	9:42
Lap 3	3.25	16:24	5:02	18	3:24	69	4:12	9.75	49:27	5:04	21	11:48	83	13:54
Lap 4	3.25	16:47	5:09	18	3:46	72	4:21	13.00	1:06:14	5:05	20	15:05	77	18:15
Lap 5	3.25	17:18	5:19	18	4:00	75	4:48	16.25	1:23:32	5:08	20	19:00	79	23:03
Lap 6	3.25	17:48	5:28	19	4:06	80	5:20	19.50	1:41:20	5:11	19	23:06	77	28:23
Last lap Finish	3.25	17:42	5:26	19	4:38	81	15:36	22.75	1:59:02	5:13	19	27:36	76	1:56:56