



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MATTERN, Rainer

Club: CJR Ebersdorf

Number: 445

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:18

Speed: 11.44 km/h

Running performance: 5:14 min/km

Rank in course/Total: 81 (of 261)

Rank in course/Men: 76 (of 215)

Best time in course: 1:25:10

Rank in category: 14(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:24 | 5:02 | 18 | 3:52 | 96 | 5:06 | 3.25 | 16:24 | 5:02 | 18 | 3:52 | 96 | 5:06 |
| Lap 2 | 3.25 | 16:40 | 5:07 | 21 | 3:29 | 94 | 4:51 | 6.50 | 33:04 | 5:05 | 20 | 7:21 | 98 | 9:43 |
| Lap 3 | 3.25 | 17:05 | 5:15 | 18 | 3:30 | 88 | 4:53 | 9.75 | 50:09 | 5:08 | 19 | 10:51 | 91 | 14:36 |
| Lap 4 | 3.25 | 17:19 | 5:19 | 18 | 3:10 | 83 | 4:53 | 13.00 | 1:07:28 | 5:11 | 17 | 14:01 | 86 | 19:29 |
| Lap 5 | 3.25 | 17:23 | 5:20 | 14 | 2:59 | 76 | 4:53 | 16.25 | 1:24:51 | 5:13 | 17 | 16:45 | 82 | 24:22 |
| Lap 6 | 3.25 | 17:36 | 5:24 | 13 | 3:45 | 75 | 5:08 | 19.50 | 1:42:27 | 5:15 | 16 | 20:30 | 80 | 29:30 |
| Last lap Finish | 3.25 | 16:51 | 5:11 | 10 | 3:07 | 68 | 14:45 | 22.75 | 1:59:18 | 5:14 | 14 | 23:37 | 78 | 1:57:12 |