



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BRAUN, Sonja

Club: Runners Point Ulm

Number: 323

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:01:57

Speed: 10.82 km/h

Running performance: 5:22 min/km

Rank in course/Total: 92 (of 261)

Rank in course/Women: 8 (of 46)

Best time in course: 1:46:29

Rank in category: 2(of 7)

Best time in the category: 1:53:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:12	4:59	2	1:23	10	3:01	3.25	16:12	4:59	2	1:23	10	3:01
Lap 2	3.25	16:50	5:10	2	1:28	8	2:38	6.50	33:02	5:04	2	2:51	10	5:39
Lap 3	3.25	17:18	5:19	2	1:28	8	2:25	9.75	50:20	5:09	2	4:19	9	8:04
Lap 4	3.25	17:34	5:24	2	1:16	8	2:18	13.00	1:07:54	5:13	2	5:35	9	10:22
Lap 5	3.25	17:45	5:27	2	0:55	8	2:00	16.25	1:25:39	5:16	2	6:30	9	12:14
Lap 6	3.25	18:18	5:37	3	1:16	10	2:11	19.50	1:43:57	5:19	2	7:46	9	13:53
Last lap Finish	3.25	18:00	5:32	3	1:01	9	2:25	22.75	2:01:57	5:21	2	8:47	8	15:28