



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

POHL, Andreas

Club: -

Number: 472

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:02:23

Speed: 11.15 km/h

Running performance: 5:23 min/km

Rank in course/Total: 94 (of 261)

Rank in course/Men: 85 (of 215)

Best time in course: 1:25:10

Rank in category: 19(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:05	4:56	17	3:33	87	4:47	3.25	16:05	4:56	17	3:33	87	4:47
Lap 2	3.25	16:23	5:02	15	3:12	81	4:34	6.50	32:28	4:59	17	6:45	86	9:07
Lap 3	3.25	16:37	5:06	15	3:02	76	4:25	9.75	49:05	5:02	14	9:47	80	13:32
Lap 4	3.25	17:13	5:17	16	3:04	81	4:47	13.00	1:06:18	5:05	14	12:51	78	18:19
Lap 5	3.25	17:56	5:31	20	3:32	90	5:26	16.25	1:24:14	5:11	16	16:08	81	23:45
Lap 6	3.25	18:53	5:48	19	5:02	99	6:25	19.50	1:43:07	5:17	19	21:10	84	30:10
Last lap Finish	3.25	19:16	5:55	19	5:32	108	17:10	22.75	2:02:23	5:22	19	26:42	87	2:00:17