



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

TEWS, Gabi

Club: SV Birkenhard

Number: 526

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:05:01

Speed: 10.92 km/h

Running performance: 5:30 min/km

Rank in course/Total: 108 (of 261)

Rank in course/Women: 11 (of 46)

Best time in course: 1:46:29

Rank in category: 1(of 9)

Best time in the category: 2:05:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:03	5:14	1	-	13	3:52	3.25	17:03	5:14	1	-	13	3:52
Lap 2	3.25	17:29	5:22	1	-	12	3:17	6.50	34:32	5:18	1	-	14	7:09
Lap 3	3.25	17:48	5:28	1	-	11	2:55	9.75	52:20	5:22	1	-	12	10:04
Lap 4	3.25	18:04	5:33	1	-	10	2:48	13.00	1:10:24	5:24	1	-	12	12:52
Lap 5	3.25	18:09	5:35	1	-	9	2:24	16.25	1:28:33	5:26	1	-	12	15:08
Lap 6	3.25	18:25	5:40	1	-	11	2:18	19.50	1:46:58	5:29	1	-	11	16:54
Last lap Finish	3.25	18:03	5:33	1	-	10	2:28	22.75	2:05:01	5:29	1	-	11	18:32