



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BOCKELT, Stefan

Club: Radteam Neu Isenburg

Number: 318

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:06:47

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 114 (of 261)

Rank in course/Men: 101 (of 215)

Best time in course: 1:25:10

Rank in category: 8(of 20)

Best time in the category: 1:47:11

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:10	5:16	7	2:25	119	5:52	3.25	17:10	5:16	7	2:25	119	5:52	
Lap 2	3.25	17:09	5:16	7	2:06	104	5:20	6.50	34:19	5:16	7	4:31	108	10:58	
Lap 3	3.25	17:00	5:13	6	1:44	84	4:48	9.75	51:19	5:15	7	6:15	101	15:46	
Lap 4	3.25	18:07	5:34	8	2:51	104	5:41	13.00	1:09:26	5:20	7	9:06	100	21:27	
Lap 5	3.25	18:33	5:42	7	3:03	101	6:03	16.25	1:27:59	5:24	7	12:09	99	27:30	
Lap 6	3.25	20:17	6:14	10	4:32	135	7:49	19.50	1:48:16	5:33	8	16:41	105	35:19	
Last lap Finish	3.25	18:31	5:41	7	2:55	96	16:25	22.75	2:06:47	5:34	8	19:36	103	2:04:41	