



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

LIPPOLD, Yvonne

Club: Mühlhäuser Röblinglaufverein

Number: 432

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:06:26

Speed: 10.44 km/h

Running performance: 5:34 min/km

Rank in course/Total: 112 (of 261)

Rank in course/Women: 13 (of 46)

Best time in course: 1:46:29

Rank in category: 4 (of 6)

Best time in the category: 1:46:29

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 16:58 | 5:13 | 4 | 3:47 | 12 | 3:47 | 3.25 | 16:58 | 5:13 | 4 | 3:47 | 12 | 3:47 |
| Lap 2 | 3.25 | 17:33 | 5:24 | 4 | 3:21 | 14 | 3:21 | 6.50 | 34:31 | 5:18 | 4 | 7:08 | 13 | 7:08 |
| Lap 3 | 3.25 | 18:09 | 5:35 | 4 | 3:16 | 13 | 3:16 | 9.75 | 52:40 | 5:24 | 4 | 10:24 | 14 | 10:24 |
| Lap 4 | 3.25 | 18:27 | 5:40 | 4 | 3:11 | 13 | 3:11 | 13.00 | 1:11:07 | 5:28 | 4 | 13:35 | 13 | 13:35 |
| Lap 5 | 3.25 | 18:54 | 5:48 | 4 | 3:07 | 13 | 3:09 | 16.25 | 1:30:01 | 5:32 | 4 | 16:36 | 13 | 16:36 |
| Lap 6 | 3.25 | 18:29 | 5:41 | 4 | 2:18 | 12 | 2:22 | 19.50 | 1:48:30 | 5:33 | 4 | 18:26 | 13 | 18:26 |
| Last lap Finish | 3.25 | 17:56 | 5:31 | 4 | 2:21 | 8 | 2:21 | 22.75 | 2:06:26 | 5:33 | 4 | 19:57 | 13 | 19:57 |