



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

LIPPOLD, Yvonne

Club: Mühlhäuser Röblinglaufverein

Number: 432

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:06:26

Speed: 10.80 km/h

Running performance: 5:34 min/km

Rank in course/Total: 112 (of 261)

Rank in course/Women: 13 (of 46)

Best time in course: 1:46:29

Rank in category: 4(of 6)

Best time in the category: 1:46:29

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:58	5:13	4	3:47	12	3:47	3.25	16:58	5:13	4	3:47	12	3:47
Lap 2	3.25	17:33	5:24	4	3:21	14	3:21	6.50	34:31	5:18	4	7:08	13	7:08
Lap 3	3.25	18:09	5:35	4	3:16	13	3:16	9.75	52:40	5:24	4	10:24	14	10:24
Lap 4	3.25	18:27	5:40	4	3:11	13	3:11	13.00	1:11:07	5:28	4	13:35	13	13:35
Lap 5	3.25	18:54	5:48	4	3:07	13	3:09	16.25	1:30:01	5:32	4	16:36	13	16:36
Lap 6	3.25	18:29	5:41	4	2:18	12	2:22	19.50	1:48:30	5:33	4	18:26	13	18:26
Last lap Finish	3.25	17:56	5:31	4	2:21	8	2:21	22.75	2:06:26	5:33	4	19:57	13	19:57