



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**TIRSCHMANN, Jan**

Club: Meininger Drachen

Number: 528

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:08:53

Speed: 10.24 km/h

Running performance: 5:40 min/km

Rank in course/Total: 125 (of 261)

Rank in course/Men: 112 (of 215)

Best time in course: 1:25:10

Rank in category: 22(of 42)

Best time in the category: 1:35:41

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 17:01         | 5:14            | 23          | 4:29           | 115         | 5:43          | 3.25          | 17:01         | 5:14            | 23          | 4:29           | 115        | 5:43          |
| Lap 2           | 3.25        | 17:25         | 5:21            | 24          | 4:14           | 109         | 5:36          | 6.50          | 34:26         | 5:17            | 24          | 8:43           | 112        | 11:05         |
| Lap 3           | 3.25        | 17:56         | 5:31            | 25          | 4:21           | 114         | 5:44          | 9.75          | 52:22         | 5:22            | 24          | 13:04          | 111        | 16:49         |
| Lap 4           | 3.25        | 18:21         | 5:38            | 25          | 4:12           | 114         | 5:55          | 13.00         | 1:10:43       | 5:26            | 24          | 17:16          | 109        | 22:44         |
| Lap 5           | 3.25        | 18:55         | 5:49            | 23          | 4:31           | 113         | 6:25          | 16.25         | 1:29:38       | 5:30            | 24          | 21:32          | 110        | 29:09         |
| Lap 6           | 3.25        | 19:46         | 6:04            | 23          | 5:55           | 121         | 7:18          | 19.50         | 1:49:24       | 5:36            | 24          | 27:27          | 114        | 36:27         |
| Last lap Finish | 3.25        | 19:29         | 5:59            | 21          | 5:45           | 113         | 17:23         | 22.75         | 2:08:53       | 5:39            | 22          | 33:12          | 114        | 2:06:47       |