



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

TIRSCHMANN, Jan

Club: Meininger Drachen

Number: 528

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:08:53

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 125 (of 261)

Rank in course/Men: 112 (of 215)

Best time in course: 1:25:10

Rank in category: 22(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:01	5:14	23	4:29	115	5:43	3.25	17:01	5:14	23	4:29	115	5:43
Lap 2	3.25	17:25	5:21	24	4:14	109	5:36	6.50	34:26	5:17	24	8:43	112	11:05
Lap 3	3.25	17:56	5:31	25	4:21	114	5:44	9.75	52:22	5:22	24	13:04	111	16:49
Lap 4	3.25	18:21	5:38	25	4:12	114	5:55	13.00	1:10:43	5:26	24	17:16	109	22:44
Lap 5	3.25	18:55	5:49	23	4:31	113	6:25	16.25	1:29:38	5:30	24	21:32	110	29:09
Lap 6	3.25	19:46	6:04	23	5:55	121	7:18	19.50	1:49:24	5:36	24	27:27	114	36:27
Last lap Finish	3.25	19:29	5:59	21	5:45	113	17:23	22.75	2:08:53	5:39	22	33:12	114	2:06:47