



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

RODI, Hanspeter

Club: SV Birkenhard

Number: 480

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:08:51

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 124 (of 261)

Rank in course/Men: 111 (of 215)

Best time in course: 1:25:10

Rank in category: 4(of 14)

Best time in the category: 1:42:41

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:04 | 5:15 | 4 | 2:47 | 117 | 5:46 | 3.25 | 17:04 | 5:15 | 4 | 2:47 | 117 | 5:46 |
| Lap 2 | 3.25 | 17:28 | 5:22 | 3 | 3:25 | 112 | 5:39 | 6.50 | 34:32 | 5:18 | 4 | 5:48 | 115 | 11:11 |
| Lap 3 | 3.25 | 17:48 | 5:28 | 3 | 3:42 | 111 | 5:36 | 9.75 | 52:20 | 5:22 | 4 | 9:11 | 110 | 16:47 |
| Lap 4 | 3.25 | 18:04 | 5:33 | 3 | 3:33 | 100 | 5:38 | 13.00 | 1:10:24 | 5:24 | 3 | 12:44 | 108 | 22:25 |
| Lap 5 | 3.25 | 19:00 | 5:50 | 4 | 4:15 | 116 | 6:30 | 16.25 | 1:29:24 | 5:30 | 3 | 16:59 | 107 | 28:55 |
| Lap 6 | 3.25 | 19:38 | 6:02 | 4 | 4:26 | 119 | 7:10 | 19.50 | 1:49:02 | 5:35 | 3 | 21:19 | 112 | 36:05 |
| Last lap Finish | 3.25 | 19:49 | 6:05 | 5 | 17:43 | 123 | 17:43 | 22.75 | 2:08:51 | 5:39 | 5 | 2:06:45 | 113 | 2:06:45 |