



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KOCH, Lukas

Club: DEVRUN

Number: 414

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:09:40

Speed: 10.53 km/h

Running performance: 5:42 min/km

Rank in course/Total: 129 (of 261)

Rank in course/Men: 116 (of 215)

Best time in course: 1:25:10

Rank in category: 10(of 16)

Best time in the category: 1:33:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:39	5:25	11	5:30	136	6:21	3.25	17:39	5:25	11	5:30	136	6:21	
Lap 2	3.25	16:43	5:08	10	4:14	95	4:54	6.50	34:22	5:17	10	9:32	109	11:01	
Lap 3	3.25	16:43	5:08	8	3:31	77	4:31	9.75	51:05	5:14	10	13:03	97	15:32	
Lap 4	3.25	18:11	5:35	10	4:50	108	5:45	13.00	1:09:16	5:19	10	17:53	99	21:17	
Lap 5	3.25	19:19	5:56	10	5:49	120	6:49	16.25	1:28:35	5:27	10	23:37	103	28:06	
Lap 6	3.25	20:18	6:14	11	6:27	136	7:50	19.50	1:48:53	5:35	10	29:29	110	35:56	
Last lap Finish	3.25	20:47	6:23	11	7:04	139	18:41	22.75	2:09:40	5:41	10	35:54	118	2:07:34	