



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

NIEMANN, Christoph

Club: Niemänner

Number: 462

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:09:47

Speed: 10.17 km/h

Running performance: 5:42 min/km

Rank in course/Total: 130 (of 261)

Rank in course/Men: 117 (of 215)

Best time in course: 1:25:10

Rank in category: 24(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:13	5:17	24	4:41	123	5:55	3.25	17:13	5:17	24	4:41	123	5:55
Lap 2	3.25	16:44	5:08	22	3:33	96	4:55	6.50	33:57	5:13	22	8:14	105	10:36
Lap 3	3.25	17:16	5:18	21	3:41	98	5:04	9.75	51:13	5:15	21	11:55	98	15:40
Lap 4	3.25	18:17	5:37	24	4:08	111	5:51	13.00	1:09:30	5:20	22	16:03	101	21:31
Lap 5	3.25	19:35	6:01	26	5:11	130	7:05	16.25	1:29:05	5:28	23	20:59	105	28:36
Lap 6	3.25	20:16	6:14	25	6:25	133	7:48	19.50	1:49:21	5:36	23	27:24	113	36:24
Last lap Finish	3.25	20:26	6:17	26	6:42	134	18:20	22.75	2:09:47	5:42	24	34:06	119	2:07:41