



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

VOLLHARDT, Jürgen

Club: RSC Aichach

Number: 536

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 45:44

Speed: 11.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 36 (of 215)

Rank in course/Men: 33 (of 134)

Best time in course: 36:45

Rank in category: 3(of 13)

Best time in the category: 37:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:31	4:28	3	2:59	37	2:59	3.25	14:31	4:28	3	2:59	37	2:59
Lap 2	3.25	15:45	4:50	3	3:02	35	3:10	6.50	30:16	4:39	3	6:01	36	6:01
Last lap Finish	3.25	15:28	4:45	2	2:30	32	2:59	9.75	45:44	4:41	3	8:31	33	8:59