



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHMIDT, Hauke

Club: Vorwärts Nordhorn

Number: 497

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:11:30

Speed: 10.04 km/h

Running performance: 5:47 min/km

Rank in course/Total: 138 (of 261)

Rank in course/Men: 123 (of 215)

Best time in course: 1:25:10

Rank in category: 19(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:34	5:24	22	4:43	132	6:16	3.25	17:34	5:24	22	4:43	132	6:16
Lap 2	3.25	17:57	5:31	20	3:48	132	6:08	6.50	35:31	5:27	21	8:31	131	12:10
Lap 3	3.25	18:46	5:46	24	4:23	139	6:34	9.75	54:17	5:34	21	12:54	130	18:44
Lap 4	3.25	18:36	5:43	18	5:01	119	6:10	13.00	1:12:53	5:36	21	17:01	127	24:54
Lap 5	3.25	18:59	5:50	16	5:51	114	6:29	16.25	1:31:52	5:39	19	21:29	124	31:23
Lap 6	3.25	19:36	6:01	19	5:48	117	7:08	19.50	1:51:28	5:42	18	26:27	122	38:31
Last lap Finish	3.25	20:02	6:09	20	6:27	128	17:56	22.75	2:11:30	5:46	20	39:51	125	2:09:24