



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HACKER, Jens

Club: TV Losheim

Number: 381

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:13:38

Speed: 9.88 km/h

Running performance: 5:52 min/km

Rank in course/Total: 147 (of 261)

Rank in course/Men: 132 (of 215)

Best time in course: 1:25:10

Rank in category: 20(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:55	5:30	20	5:51	141	6:37	3.25	17:55	5:30	20	5:51	141	6:37	
Lap 2	3.25	17:41	5:26	16	4:39	125	5:52	6.50	35:36	5:28	17	10:30	133	12:15	
Lap 3	3.25	18:33	5:42	17	5:18	133	6:21	9.75	54:09	5:33	17	15:48	127	18:36	
Lap 4	3.25	19:44	6:04	21	6:03	151	7:18	13.00	1:13:53	5:41	18	21:51	136	25:54	
Lap 5	3.25	20:11	6:12	21	6:25	146	7:41	16.25	1:34:04	5:47	19	28:16	137	33:35	
Lap 6	3.25	20:05	6:10	18	6:11	129	7:37	19.50	1:54:09	5:51	21	34:27	137	41:12	
Last lap Finish	3.25	19:29	5:59	17	6:01	113	17:23	22.75	2:13:38	5:52	20	40:16	134	2:11:32	