



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GOTTWALT, Bastian

Club: -

Number: 53

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:59

Speed: 11.74 km/h

Running performance: 4:43 min/km

Rank in course/Total: 37 (of 215)

Rank in course/Men: 34 (of 134)

Best time in course: 36:45

Rank in category: 7(of 9)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:07 | 4:20 | 5 | 2:27 | 29 | 2:35 | 3.25 | 14:07 | 4:20 | 5 | 2:27 | 29 | 2:35 |
| Lap 2 | 3.25 | 15:40 | 4:49 | 7 | 3:05 | 34 | 3:05 | 6.50 | 29:47 | 4:34 | 7 | 5:32 | 32 | 5:32 |
| Last lap Finish | 3.25 | 16:12 | 4:59 | 7 | 3:42 | 40 | 3:43 | 9.75 | 45:59 | 4:42 | 7 | 9:14 | 34 | 9:14 |