



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GOTTWALT, Bastian

Club: -

Number: 53

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:59

Speed: 11.74 km/h

Running performance: 4:43 min/km

Rank in course/Total: 37 (of 215)

Rank in course/Men: 34 (of 134)

Best time in course: 36:45

Rank in category: 7(of 9)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	14:07	4:20	5	2:27	29	2:35	3.25	14:07	4:20	5	2:27	29	2:35
Lap 2	3.25	15:40	4:49	7	3:05	34	3:05	6.50	29:47	4:34	7	5:32	32	5:32
Last lap Finish	3.25	16:12	4:59	7	3:42	40	3:43	9.75	45:59	4:42	7	9:14	34	9:14