



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WIEGAND, Uwe

Club: Stadtwerke Stadtallendorf

Number: 554

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:15:35

Speed: 9.74 km/h

Running performance: 5:58 min/km

Rank in course/Total: 151 (of 261)

Rank in course/Men: 136 (of 215)

Best time in course: 1:25:10

Rank in category: 22(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:51	5:29	24	5:00	140	6:33	3.25	17:51	5:29	24	5:00	140	6:33
Lap 2	3.25	17:36	5:24	18	3:27	121	5:47	6.50	35:27	5:27	20	8:27	130	12:06
Lap 3	3.25	18:29	5:41	20	4:06	130	6:17	9.75	53:56	5:31	20	12:33	125	18:23
Lap 4	3.25	19:15	5:55	23	5:40	137	6:49	13.00	1:13:11	5:37	22	17:19	129	25:12
Lap 5	3.25	19:50	6:06	23	6:42	139	7:20	16.25	1:33:01	5:43	22	22:38	130	32:32
Lap 6	3.25	20:27	6:17	21	6:39	137	7:59	19.50	1:53:28	5:49	21	28:27	134	40:31
Last lap Finish	3.25	22:07	6:48	28	8:32	166	20:01	22.75	2:15:35	5:57	23	43:56	138	2:13:29