



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

LECHER, Sascha

Club: -

Number: 428

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:15:38

Speed: 9.73 km/h

Running performance: 5:58 min/km

Rank in course/Total: 153 (of 261)

Rank in course/Men: 137 (of 215)

Best time in course: 1:25:10

Rank in category: 23(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	18:09	5:35	26	5:18	148	6:51	3.25	18:09	5:35	26	5:18	148	6:51
Lap 2	3.25	18:55	5:49	27	4:46	156	7:06	6.50	37:04	5:42	26	10:04	152	13:43
Lap 3	3.25	19:12	5:54	26	4:49	152	7:00	9.75	56:16	5:46	27	14:53	152	20:43
Lap 4	3.25	19:32	6:00	24	5:57	141	7:06	13.00	1:15:48	5:49	26	19:56	151	27:49
Lap 5	3.25	19:46	6:04	22	6:38	134	7:16	16.25	1:35:34	5:52	23	25:11	145	35:05
Lap 6	3.25	20:32	6:19	22	6:44	139	8:04	19.50	1:56:06	5:57	24	31:05	142	43:09
Last lap Finish	3.25	19:32	6:00	18	5:57	119	17:26	22.75	2:15:38	5:57	24	43:59	139	2:13:32