



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WILLECKE, Diethelm

Club: -

Number: 557

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:16:11

Speed: 9.69 km/h

Running performance: 5:59 min/km

Rank in course/Total: 155 (of 261)

Rank in course/Men: 140 (of 215)

Best time in course: 1:25:10

Rank in category: 24(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:23	5:02	15	3:32	95	5:05	3.25	16:23	5:02	15	3:32	95	5:05
Lap 2	3.25	17:32	5:23	16	3:23	118	5:43	6.50	33:55	5:13	14	6:55	102	10:34
Lap 3	3.25	18:44	5:45	23	4:21	136	6:32	9.75	52:39	5:23	15	11:16	114	17:06
Lap 4	3.25	19:38	6:02	25	6:03	145	7:12	13.00	1:12:17	5:33	19	16:25	121	24:18
Lap 5	3.25	20:42	6:22	25	7:34	153	8:12	16.25	1:32:59	5:43	21	22:36	129	32:30
Lap 6	3.25	21:56	6:44	25	8:08	163	9:28	19.50	1:54:55	5:53	23	29:54	139	41:58
Last lap Finish	3.25	21:16	6:32	25	7:41	151	19:10	22.75	2:16:11	5:59	25	44:32	142	2:14:05