



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GEHRING, Julian

Club: Lokomotive Larry

Number: 369

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:16:15

Speed: 9.69 km/h

Running performance: 5:59 min/km

Rank in course/Total: 157 (of 261)

Rank in course/Men: 142 (of 215)

Best time in course: 1:25:10

Rank in category: 11(of 16)

Best time in the category: 1:33:46

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:56 | 6:08 | 13 | 7:47 | 177 | 8:38 | 3.25 | 19:56 | 6:08 | 13 | 7:47 | 177 | 8:38 |
| Lap 2 | 3.25 | 19:02 | 5:51 | 12 | 6:33 | 159 | 7:13 | 6.50 | 38:58 | 5:59 | 13 | 14:08 | 167 | 15:37 |
| Lap 3 | 3.25 | 19:33 | 6:00 | 13 | 6:21 | 162 | 7:21 | 9.75 | 58:31 | 6:00 | 13 | 20:29 | 167 | 22:58 |
| Lap 4 | 3.25 | 19:36 | 6:01 | 11 | 6:15 | 144 | 7:10 | 13.00 | 1:18:07 | 6:00 | 12 | 26:44 | 164 | 30:08 |
| Lap 5 | 3.25 | 19:19 | 5:56 | 10 | 5:49 | 120 | 6:49 | 16.25 | 1:37:26 | 5:59 | 12 | 32:28 | 157 | 36:57 |
| Lap 6 | 3.25 | 19:57 | 6:08 | 10 | 6:06 | 123 | 7:29 | 19.50 | 1:57:23 | 6:01 | 12 | 37:59 | 152 | 44:26 |
| Last lap Finish | 3.25 | 18:52 | 5:48 | 10 | 5:09 | 100 | 16:46 | 22.75 | 2:16:15 | 5:59 | 11 | 42:29 | 144 | 2:14:09 |