



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

DALL, Thomas

Club: SuS Darme

Number: 333

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:16:37

Speed: 9.66 km/h

Running performance: 6:01 min/km

Rank in course/Total: 158 (of 261)

Rank in course/Men: 143 (of 215)

Best time in course: 1:25:10

Rank in category: 26(of 35)

Best time in the category: 1:31:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:52	6:06	31	8:16	172	8:34	3.25	19:52	6:06	31	8:16	172	8:34
Lap 2	3.25	19:07	5:52	31	6:28	163	7:18	6.50	38:59	5:59	31	14:35	169	15:38
Lap 3	3.25	18:58	5:50	26	5:58	143	6:46	9.75	57:57	5:56	29	20:18	162	22:24
Lap 4	3.25	19:08	5:53	24	6:07	133	6:42	13.00	1:17:05	5:55	28	25:56	157	29:06
Lap 5	3.25	19:49	6:05	25	6:31	136	7:19	16.25	1:36:54	5:57	27	32:22	153	36:25
Lap 6	3.25	20:13	6:13	26	6:31	131	7:45	19.50	1:57:07	6:00	28	38:53	150	44:10
Last lap Finish	3.25	19:30	6:00	24	6:26	116	17:24	22.75	2:16:37	6:00	26	45:11	145	2:14:31