



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PANHOLZER, Annette

Club: -

Number: 468

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:18:10

Speed: 9.55 km/h

Running performance: 6:04 min/km

Rank in course/Total: 163 (of 261)

Rank in course/Women: 16 (of 46)

Best time in course: 1:46:29

Rank in category: 2(of 6)

Best time in the category: 2:01:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:41	5:44	2	2:54	18	5:30	3.25	18:41	5:44	2	2:54	18	5:30
Lap 2	3.25	19:09	5:53	2	2:04	18	4:57	6.50	37:50	5:49	2	4:58	18	10:27
Lap 3	3.25	19:28	5:59	2	2:04	18	4:35	9.75	57:18	5:52	2	7:02	17	15:02
Lap 4	3.25	20:07	6:11	3	2:35	20	4:51	13.00	1:17:25	5:57	2	9:37	17	19:53
Lap 5	3.25	20:20	6:15	2	2:44	18	4:35	16.25	1:37:45	6:00	2	12:21	17	24:20
Lap 6	3.25	20:30	6:18	2	2:34	18	4:23	19.50	1:58:15	6:03	2	14:55	18	28:11
Last lap Finish	3.25	19:55	6:07	2	1:44	16	4:20	22.75	2:18:10	6:04	2	16:39	16	31:41