



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

FRIEDRICH-SCHOLIAN, Thomas

Club: Laufftreff Haimbacher SV

Number: 363

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:18:56

Speed: 9.50 km/h

Running performance: 6:07 min/km

Rank in course/Total: 166 (of 261)

Rank in course/Men: 149 (of 215)

Best time in course: 1:25:10

Rank in category: 14(of 20)

Best time in the category: 1:47:11

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:59	5:31	11	3:14	145	6:41	3.25	17:59	5:31	11	3:14	145	6:41
Lap 2	3.25	18:09	5:35	12	3:06	139	6:20	6.50	36:08	5:33	13	6:20	141	12:47
Lap 3	3.25	18:25	5:40	11	3:09	129	6:13	9.75	54:33	5:35	11	9:29	135	19:00
Lap 4	3.25	19:35	6:01	13	4:19	143	7:09	13.00	1:14:08	5:42	11	13:48	139	26:09
Lap 5	3.25	21:14	6:31	15	5:44	164	8:44	16.25	1:35:22	5:52	13	19:32	142	34:53
Lap 6	3.25	22:15	6:50	16	6:30	166	9:47	19.50	1:57:37	6:01	15	26:02	153	44:40
Last lap Finish	3.25	21:19	6:33	13	5:43	155	19:13	22.75	2:18:56	6:06	14	31:45	151	2:16:50