



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

TRINKNER, Carsten

Club: Alcher TG

Number: 529

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:19:11

Speed: 9.48 km/h

Running performance: 6:07 min/km

Rank in course/Total: 168 (of 261)

Rank in course/Men: 150 (of 215)

Best time in course: 1:25:10

Rank in category: 28(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	19:56	6:08	35	7:24	177	8:38	3.25	19:56	6:08	35	7:24	177	8:38
Lap 2	3.25	19:15	5:55	32	6:04	166	7:26	6.50	39:11	6:01	35	13:28	172	15:50
Lap 3	3.25	19:06	5:52	27	5:31	148	6:54	9.75	58:17	5:58	31	18:59	165	22:44
Lap 4	3.25	19:44	6:04	28	5:35	151	7:18	13.00	1:18:01	6:00	30	24:34	163	30:02
Lap 5	3.25	19:58	6:08	28	5:34	141	7:28	16.25	1:37:59	6:01	28	29:53	160	37:30
Lap 6	3.25	21:15	6:32	30	7:24	156	8:47	19.50	1:59:14	6:06	28	37:17	159	46:17
Last lap Finish	3.25	19:57	6:08	24	6:13	126	17:51	22.75	2:19:11	6:07	28	43:30	152	2:17:05