



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHNEIDER, Hans-Joachim

Club: FH Runners Berlin

Number: 504

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:19:18

Speed: 9.80 km/h

Running performance: 6:07 min/km

Rank in course/Total: 170 (of 261)

Rank in course/Men: 151 (of 215)

Best time in course: 1:25:10

Rank in category: 7(of 14)

Best time in the category: 1:42:41

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:18	5:37	7	4:01	153	7:00	3.25	18:18	5:37	7	4:01	153	7:00
Lap 2	3.25	18:44	5:45	8	4:41	153	6:55	6.50	37:02	5:41	8	8:18	150	13:41
Lap 3	3.25	18:45	5:46	7	4:39	138	6:33	9.75	55:47	5:43	8	12:38	147	20:14
Lap 4	3.25	19:00	5:50	6	4:29	129	6:34	13.00	1:14:47	5:45	8	17:07	142	26:48
Lap 5	3.25	20:50	6:24	8	6:05	158	8:20	16.25	1:35:37	5:53	8	23:12	148	35:08
Lap 6	3.25	20:48	6:24	8	5:36	149	8:20	19.50	1:56:25	5:58	7	28:42	146	43:28
Last lap Finish	3.25	22:53	7:02	11	20:47	172	20:47	22.75	2:19:18	6:07	8	2:17:12	153	2:17:12