



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SIEBURG, Mike

Club: BSG Lülisdorf e.V.

Number: 515

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:19:35

Speed: 9.46 km/h

Running performance: 6:08 min/km

Rank in course/Total: 171 (of 261)

Rank in course/Men: 152 (of 215)

Best time in course: 1:25:10

Rank in category: 8(of 14)

Best time in the category: 1:42:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:44	5:45	9	4:27	159	7:26	3.25	18:44	5:45	9	4:27	159	7:26
Lap 2	3.25	19:53	6:07	9	5:50	169	8:04	6.50	38:37	5:56	9	9:53	165	15:16
Lap 3	3.25	19:43	6:03	9	5:37	166	7:31	9.75	58:20	5:58	9	15:11	166	22:47
Lap 4	3.25	20:18	6:14	9	5:47	162	7:52	13.00	1:18:38	6:02	9	20:58	166	30:39
Lap 5	3.25	20:04	6:10	7	5:19	144	7:34	16.25	1:38:42	6:04	9	26:17	162	38:13
Lap 6	3.25	20:28	6:17	7	5:16	138	8:00	19.50	1:59:10	6:06	9	31:27	158	46:13
Last lap Finish	3.25	20:25	6:16	7	18:19	133	18:19	22.75	2:19:35	6:08	9	2:17:29	154	2:17:29