



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ZIMMERMANN, Nico

Club: -

Number: 570

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:19:38

Speed: 9.45 km/h

Running performance: 6:08 min/km

Rank in course/Total: 172 (of 261)

Rank in course/Men: 153 (of 215)

Best time in course: 1:25:10

Rank in category: 22(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	20:18	6:14	26	8:14	184	9:00	3.25	20:18	6:14	26	8:14	184	9:00
Lap 2	3.25	19:01	5:51	21	5:59	158	7:12	6.50	39:19	6:02	23	14:13	173	15:58
Lap 3	3.25	18:42	5:45	19	5:27	135	6:30	9.75	58:01	5:57	23	19:40	164	22:28
Lap 4	3.25	19:30	6:00	20	5:49	140	7:04	13.00	1:17:31	5:57	23	25:29	161	29:32
Lap 5	3.25	19:49	6:05	19	6:03	136	7:19	16.25	1:37:20	5:59	23	31:32	156	36:51
Lap 6	3.25	20:45	6:23	23	6:51	146	8:17	19.50	1:58:05	6:03	22	38:23	155	45:08
Last lap Finish	3.25	21:33	6:37	23	8:05	160	19:27	22.75	2:19:38	6:08	22	46:16	155	2:17:32