



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**SENF, Hans-Jürgen**

Club: -

Number: 514

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:20:11

Speed: 9.42 km/h

Running performance: 6:10 min/km

Rank in course/Total: 175 (of 261)

Rank in course/Men: 156 (of 215)

Best time in course: 1:25:10

Rank in category: 9(of 14)

Best time in the category: 1:42:41

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:09	4:39	3	0:52	63	3:51	3.25	15:09	4:39	3	0:52	63	3:51
Lap 2	3.25	17:37	5:25	4	3:34	123	5:48	6.50	32:46	5:02	3	4:02	90	9:25
Lap 3	3.25	18:47	5:46	8	4:41	141	6:35	9.75	51:33	5:17	3	8:24	105	16:00
Lap 4	3.25	19:39	6:02	8	5:08	146	7:13	13.00	1:11:12	5:28	4	13:32	113	23:13
Lap 5	3.25	21:46	6:41	9	7:01	168	9:16	16.25	1:32:58	5:43	6	20:33	128	32:29
Lap 6	3.25	24:44	7:36	11	9:32	195	12:16	19.50	1:57:42	6:02	8	29:59	154	44:45
Last lap Finish	3.25	22:29	6:55	9	20:23	169	20:23	22.75	2:20:11	6:09	10	2:18:05	158	2:18:05