



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

FÜRER, Michael

Club: LC BlueLiner

Number: 366

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:23:41

Speed: 9.19 km/h

Running performance: 6:19 min/km

Rank in course/Total: 182 (of 261)

Rank in course/Men: 162 (of 215)

Best time in course: 1:25:10

Rank in category: 27(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:38	5:07	16	3:47	105	5:20	3.25	16:38	5:07	16	3:47	105	5:20	
Lap 2	3.25	18:33	5:42	26	4:24	148	6:44	6.50	35:11	5:24	19	8:11	128	11:50	
Lap 3	3.25	20:22	6:15	30	5:59	171	8:10	9.75	55:33	5:41	25	14:10	145	20:00	
Lap 4	3.25	20:57	6:26	30	7:22	172	8:31	13.00	1:16:30	5:53	27	20:38	155	28:31	
Lap 5	3.25	20:46	6:23	26	7:38	155	8:16	16.25	1:37:16	5:59	26	26:53	155	36:47	
Lap 6	3.25	22:25	6:53	27	8:37	170	9:57	19.50	1:59:41	6:08	26	34:40	160	46:44	
Last lap Finish	3.25	24:00	7:23	30	10:25	182	21:54	22.75	2:23:41	6:18	28	52:02	164	2:21:35	