



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WROBEL, Ronny

Club: TSV Schrozberg

Number: 564

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:24:46

Speed: 9.12 km/h

Running performance: 6:22 min/km

Rank in course/Total: 185 (of 261)

Rank in course/Men: 164 (of 215)

Best time in course: 1:25:10

Rank in category: 24(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:50	6:24	31	8:46	196	9:32	3.25	20:50	6:24	31	8:46	196	9:32	
Lap 2	3.25	20:41	6:21	27	7:39	185	8:52	6.50	41:31	6:23	28	16:25	190	18:10	
Lap 3	3.25	20:44	6:22	26	7:29	177	8:32	9.75	1:02:15	6:23	27	23:54	184	26:42	
Lap 4	3.25	20:49	6:24	25	7:08	170	8:23	13.00	1:23:04	6:23	27	31:02	180	35:05	
Lap 5	3.25	20:45	6:23	24	6:59	154	8:15	16.25	1:43:49	6:23	25	38:01	174	43:20	
Lap 6	3.25	20:33	6:19	20	6:39	141	8:05	19.50	2:04:22	6:22	24	44:40	169	51:25	
Last lap Finish	3.25	20:24	6:16	19	6:56	132	18:18	22.75	2:24:46	6:21	24	51:24	166	2:22:40	