



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HÖVERMANN, Markus

Club: Team Kampf Ei

Number: 399

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:25:45

Speed: 9.06 km/h

Running performance: 6:25 min/km

Rank in course/Total: 187 (of 261)

Rank in course/Men: 165 (of 215)

Best time in course: 1:25:10

Rank in category: 30(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-----------------|-------|-------|--------|------|------|--------|-------|-------|---------|--------|------|-------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 20:52 | 6:25 | 39 | 8:20 | 199 | 9:34 | 3.25 | 20:52 | 6:25 | 39 | 8:20 | 199 | 9:34 |
| Lap 2 | 3.25 | 20:16 | 6:14 | 34 | 7:05 | 176 | 8:27 | 6.50 | 41:08 | 6:19 | 38 | 15:25 | 186 | 17:47 |
| Lap 3 | 3.25 | 20:26 | 6:17 | 33 | 6:51 | 174 | 8:14 | 9.75 | 1:01:34 | 6:18 | 35 | 22:16 | 180 | 26:01 |
| Lap 4 | 3.25 | 20:34 | 6:19 | 29 | 6:25 | 163 | 8:08 | 13.00 | 1:22:08 | 6:19 | 33 | 28:41 | 177 | 34:09 |
| Lap 5 | 3.25 | 20:49 | 6:24 | 30 | 6:25 | 157 | 8:19 | 16.25 | 1:42:57 | 6:20 | 33 | 34:51 | 172 | 42:28 |
| Lap 6 | 3.25 | 21:03 | 6:28 | 28 | 7:12 | 153 | 8:35 | 19.50 | 2:04:00 | 6:21 | 31 | 42:03 | 167 | 51:03 |
| Last lap Finish | 3.25 | 21:45 | 6:41 | 33 | 8:01 | 164 | 19:39 | 22.75 | 2:25:45 | 6:24 | 30 | 50:04 | 167 | 2:23:39 |