



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WOLTER, Steffen

Club: RennsteigSpirit

Number: 561

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:26:23

Speed: 9.02 km/h

Running performance: 6:26 min/km

Rank in course/Total: 189 (of 261)

Rank in course/Men: 167 (of 215)

Best time in course: 1:25:10

Rank in category: 32(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:38	5:44	32	6:06	158	7:20	3.25	18:38	5:44	32	6:06	158	7:20	
Lap 2	3.25	19:09	5:53	31	5:58	165	7:20	6.50	37:47	5:48	31	12:04	159	14:26	
Lap 3	3.25	19:35	6:01	31	6:00	164	7:23	9.75	57:22	5:53	30	18:04	160	21:49	
Lap 4	3.25	21:19	6:33	32	7:10	176	8:53	13.00	1:18:41	6:03	31	25:14	167	30:42	
Lap 5	3.25	22:32	6:56	35	8:08	180	10:02	16.25	1:41:13	6:13	31	33:07	168	40:44	
Lap 6	3.25	24:10	7:26	38	10:19	187	11:42	19.50	2:05:23	6:25	33	43:26	171	52:26	
Last lap Finish	3.25	21:00	6:27	28	7:16	145	18:54	22.75	2:26:23	6:26	32	50:42	169	2:24:17	